

Bearcat News



Crystal River Middle School Newsletter

Assistant Principal Charles Brooks

Principal Inge Frederick

Assistant Principal Ryan Selby

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Rock your Bearcats Shirts ORDER FORM

Cost: **\$10** (Cash or Checks made out to Crystal River Middle School)
 Orders must be turned in by **October 21st**
Orders will be delivered the last week of September
 Please return order forms to Mrs. Conley (Rm 111) or Mrs. Filipic (Rm 110)

Name _____ Home room _____

Shirt Size (circle one)

Youth			Adult				
S	M	L	S	M	L	XL	XXL - \$2 extra

Positive Discipline

Part 1—Types of Misbehaviors and Keys to Success

Victor Harris, Whitney Fung, Sarah Ellis, and Alison Schmeer

Four Types of Misbehaviors

Effective parents and teachers must understand the major types of misbehaviors. Misbehavior is generally linked to perceptions and feelings of insecurity or power and control. Four common types of misbehaviors are discussed below (see CEV Multimedia, 2001; Cline & Fay, 2006; Eyberg, 1992; Eyberg & Robinson, 1982; Harris, Olsen, & Johnson, 2013; Latham 1994, 1999, 2002).

Goal-Getting (want a payoff): Taking things, interrupting, talking back, arguing, and other negative behaviors designed to achieve a goal—such as to gain power and control over a person or a situation, or as a response to a blocked goal.

Reaction-Seeking (want a reaction): Includes most goal-getting behaviors and other behaviors—such as complaining, swearing, and showing off—that are attempts to get attention or a reaction from others in either positive or negative ways.

Indolence (reduced effort): Reducing effort to exert power and control over a person or a situation such as not completing all of the chores or schoolwork, failure to follow instructions, and making excuses by saying things like “I forgot” or “I can’t remember.”

Fears (paired associations): Includes paired associations with something the child fears such as darkness, bad dreams, monsters, heights, thunder, water, dogs, spiders, snakes, losing friends, public speaking, or being called on to respond in class. Parents and teachers need to be particularly sensitive to these potential paired associations and take care to validate any fears while helping children attempt to manage them successfully. *Forcing* a child to confront these fears, for example, by throwing them into a swimming pool or to speak in public is never a good strategy.

As a parent or teacher, you will want to be aware of each of these four types of misbehaviors when you see them manifest. You can then put together an intentional strategy to help children manage their behaviors and fears successfully.

\$30.00 AT BALFOUR.COM OR ORDER FORMS ARE IN ATTENDANCE OFFICE. BUSINESS ADS AND 8TH GRADE STUDENT ADS ARE ALSO AVAILABLE IN A VARIETY OF SIZES UNTIL DECEMBER 21ST. IF YOU HAVE ANY QUESTIONS PLEASE EMAIL JENNIFER FAUST, ADVISER AT FAUSTJ@CITRUS.K12.FL.US.

Book Fair will occur Oct 13 – 20.

Students will go to the book fair through their ELA classes.

Parent Night is October 13th 2:45-5:30 in the media center.

<http://www.scholastic.com/bf/>



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Three Keys to Effective Parenting and Teaching

There are at least three keys to healthy parenting: (1) warmth, (2) connectedness, and (3) monitoring (Roggman, Boyce, & Innocenti, 2008). These keys, or practices, can also be used by teachers to help them be effective both in and out of the classroom (Latham, 2002). Employing these three practices encourages healthy emotional growth for children as well as positive parent-child and teacher-student relationships. In the long run, employing these practices helps children further their cognitive skills, language development, and social/emotional growth (Roggman, Boyce, & Innocenti, 2008).

Warmth and Positivity

Effective parents and teachers who are warm and positive set high expectations and teach children not only how to work, but also how to play (Harris, Johnson, & Olsen, 2013). They are also available to assist, mentor, and nurture children through both the quality and the quantity of time spent together. Successful parents and teachers are empathetic and validate children's thoughts and emotions (Gottman, 1998).

Connectedness

Effective parents and teachers who are connected with their children and students are responsive, encouraging, and engaged in children's educational and extracurricular activities. They are conversational and interact often with children using healthy communication and conflict resolution patterns and practices. They send verbal and non-verbal messages to their children letting them know that the children are both loveable and capable. Successful parents and teachers understand that humiliation and neglect tend to harm children's feelings of lovability while dominance and overprotection may harm their perceptions of capability (Coplen & MacArthur, 1982). As a result of their connectedness, healthy parents and teachers tend to develop resilient children who have high self-concepts, self-esteem, and self-efficacy (Harris, Johnson, & Olsen, 2013).

Monitoring and Behavioral Management

Effective parents and teachers set clear boundaries, offer limits with latitude, and develop accountable and responsible children through being consistent. They monitor children's friends and other potential safe and unsafe environments. They manage child behavior successfully through employing positive solution-focused strategies for when children behave well and when they misbehave (Latham, 1999). Effective parents and teachers also avoid getting caught in power and control traps by sharing control with children, by using empathy as well as natural and logical consequences to help children "own" their personal problems and issues, and by providing opportunities for children to think, make decisions, and learn through their mistakes (Cline & Fay, 2006).



Bearcat Tech Line

- Free telephone service to connect you and your students to a certified teacher for technology support.
- Help with Skyward, eBackpack, Study Island, and iPad Connectivity.
- Begins September 27, 2016
- Mrs. Jacobs' will be available to take your calls.



Available every Tuesday and Wednesday from 4 to 7 P.M.

Brought to you by Title 1



Research shows that using these three key practices leads to positive short-term outcomes for children, such as secure attachment, playful exploration, motivation to learn, and effective communication, all of which are essential for growth and development (Roggman, Boyce, & Innocenti, 2008). Long-term outcomes include the development of social/ emotional, cognitive, and language skills (Roggman, Boyce, & Innocenti, 2008). By recognizing children's behavior and the appropriate strategy to use in a specific situation parents and teachers can turn negative experiences into positive opportunities.



CRM Teacher Run Study Hall

When: Tuesday and Thursday Time: 2:30—4:00

Where CRM Media Center Until November 17th

Parent Pickup in the front of the school at 4:00pm

Students must come with their assignments

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Important Dates

Please check for changes on the school calendar

<http://crm.citruschools.org>

Oct 12th 6th grade Anti Bullying Assembly

Oct 13th—20th Book Fair

Oct 13th—14th 6th grade Alcohol Literacy Challenge classes

Oct 14th 7th grade Anti Bullying Assembly

Oct 17th 8th grade Anti Bullying Assembly

Oct 17th PBS Field Day at the end of the day

Oct 19th Unity Day Wear Orange

Oct 20th—21st 6th grade Alcohol Literacy Challenge classes

Oct 24– 28 Pennies War between 1st period classes

Red Ribbon Week Oct 24—28

Oct 24th Wear Neon Colors and Sunglasses Too Bright For Drugs

Oct 25th 6th wears White , 7th wears Red 8th wears Black Bearcats are Drug Free

Oct 26th wear neckties, hair ties, bowties, or tye dyes Don't get Tied up in Drugs

Oct 27th wear blue and black to support those who fight the war on drugs Save the Day from Drugs

Oct 27th Upward Bound

Oct 28th Wear Red to show your support for Red Ribbon Week STOP Drug Use

Oct 28th School Dance

Nov 1st Star Tech Parent Night

Nov 3rd 8th grade filed trip to Gainesville to see Chambers Theater production of "Encore" Bring a Bag Lunch

Nov 16th Check Skyward for Midterms

Citrus County's	
G	Unity Day
O	Wed Oct 19th
O	Take a stand
R	Against Bullying
A	At the Courthouse
N	4pm
G	Walk to
E	Liberty Park
ROYAL UNITY WALK	
In Honor of Phil Royal	

Bearcat News



Citrus County Public Schools receive an annual allocation of federal dollars to provide resources to schools that have high percentages of children who qualify for free or reduced lunch. Those resources are used to improve student achievement through interventions, teacher training, and family engagement. Activities are aligned with the Citrus County Local Educational Agency (LEA) Plan., School-wide Plans, and School Improvement Plans. Part A funds are also used to provide services to homeless children, Children in local institutions for neglected and delinquent children, and to ensure that non-public school students, their parents, and teachers have access to Title 1 resources.



STAR TECH



Your Family's Final Frontier for Technology

What: Crystal River Middle School's Star Tech Family Night

When: November 1st

Time : 5:30—7:30

Different Sessions to guide parents in helping students use their iPad to its fullest potential. Pizza dinner included. Several Door Prizes

Teachers Working Out-Of-Field

Crystal River Middle School is proud that all fifty-five teachers and administrators who work with our students are certified by the State of Florida or other governing board. We appreciate the following teachers who have volunteered to teach a subject outside of their primary certification and are currently taking classes to obtain certification in the area they are teaching out-of-field.

Teacher	Course/Class
Colleen Epstein	ESOL
Susan Britton	Social Studies

Both of these teachers have experience and coursework in the area they are teaching. They are excellent teachers and we appreciate the extra effort they are putting forth on behalf of our students.

The CRM Parent Involvement Plan is now located on our school website. To access the Parent Involvement Plan, please visit

<http://crm.citruschools.org/>